# Sulfur Amino Acid Methionine Restriction (SAAR) - Moving from Animal Models to Humans

**Chair:** Nath (Sailendra N Nichenametla)

<table>
<thead>
<tr>
<th>Date</th>
<th>Time and Location</th>
<th>Session</th>
</tr>
</thead>
<tbody>
<tr>
<td>October 20th, 2021</td>
<td>Eastern USA (9:00-11:00 AM); Central Europe (3:00-5:00 PM); Singapore (9:00-11:00 PM); <a href="#">Zoom Link</a></td>
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<td>October 21st, 2021</td>
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### SAAR: A brief introduction
- **Sailendra N Nichenametla** DVM PhD (Orentreich Foundation)

### SAAR: Translational Implications
- **John P Richie Jr.** PhD (Penn State University)

### Circulating SAA, Adipogenesis, and Diabetes Risk
- **Amany Elshorbagy**, PhD (University of Oxford)

### Long-term Intake of SAA and Diabetes Risk
- **Zhen Dong** DrPH (Orentreich Foundation)

### Can SAAR Prevent Neurodegeneration?
- **Kumar Sambamurti**, PhD (Medical Univ. of S. Carolina)

### Do Healthspan-extending Interventions (Including SAAR) Merely Counteract the Deleterious Effects of Overnutrition?
- **Jay Johnson**, PhD (Orentreich Foundation)

### Dietary SAAR with (mostly) Whole Foods in Normal-weight, Overweight and Obese Individuals
- **Thomas Olsen**, PhD (University of Oslo)

### Q & A

### Panel Discussion

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