



**Aging
Science
Talks**

Sulfur Amino Acid ***~~Methionine~~ Restriction (SAAR) -*** ***Moving from Animal Models to Humans***

Chair: Nath ([Sailendra N Nichenametla](#))

October 20th, 2021

October 21st, 2021

Time: Eastern USA (9:00-11:00 AM); Central Europe (3:00-5:00 PM); Singapore (9:00-11:00 PM); [Zoom Link](#)

SAAR: A brief introduction

[Sailendra N Nichenametla](#) DVM PhD (Orentreich Foundation)

Long-term Intake of SAA and Diabetes Risk

[Zhen Dong](#) DrPH (Orentreich Foundation)

SAAR: Translational Implications

[John P Richie Jr.](#) PhD (Penn State University)

Can SAAR Prevent Neurodegeneration?

[Kumar Sambamurti](#), PhD (Medical Univ. of S. Carolina)

Circulating SAA, Adipogenesis, and Diabetes Risk

[Amany Elshorbagy](#), PhD (University of Oxford)

Do Healthspan-extending Interventions (Including SAAR) Merely Counteract the Deleterious Effects of Overnutrition?

[Jay Johnson](#), PhD (Orentreich Foundation)

Dietary SAAR with (mostly) Whole Foods in Normal-weight, Overweight and Obese Individuals

[Thomas Olsen](#), PhD (University of Oslo)

Q & A

Q & A

Panel Discussion

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